



New York State
Horse Council
Western Chapter

Issue 1 2024
 Jan-Mar

For more information and application to join go to: <https://nyshc.org/post.php?pid=14> You can pay with PayPal.

The word from our President is to renew your membership NOW.

Go online to <https://nyshc.org/post.php?pid=14> or use the form below.

York State Horse Council, Inc Membership Form

Check all fields that apply, memberships are for the calendar year Jan. 1-Dec. 31

First Name: _____

Last Name: _____

E-mail: _____

Communications & Newsletters by USPS Mail: (Add \$10 to membership fee)

Address: _____

City: _____ State: _____ Zip Code: _____

County: _____ Phone: _____

NYSHC Chapter check one: : _____ Cattaraugus/Chautauqua _____ Eastern Hudson Valley _____ Orange
 _____ Sullivan _____ Ulster _____ Western

_____ Membership Type: Please select

_____ Individual With Insurance (\$60)

_____ Individual No Insurance (\$40)

_____ Family With Insurance (\$80)

_____ Family No Insurance (\$60)

_____ Life Membership With First Year Insurance (\$550)

_____ Life Member Insurance Only (\$25)

_____ Youth No Insurance (\$15)

_____ Commercial/Business/Association/Club/Farm (\$80)

Business/Club/Organization additional information (if applicable):

Name: _____

Website: _____

Category (Choose from below): Horse & Rider Services: Adoption / Boarding / Breeders / Camps / Carriage / Clinics / Clinicians / Dentistry / Education / Farrier / Horsemanship Lessons / Humane Welfares & Rescue / Showing / Training / Transportation / Therapeutic / Veterinarian Organizations & Clubs: Driving / Horse Organization / Horse Club / Social / Trail / Youth (4H, Pony Club, College, etc.) Trail Services: Lodging / Camping Business Services: Insurance / Legal / Marketing / Promotional / Publications Sales & Products: Barns & Buildings / Feed & Supplements / Tack / Trailer & Truck / Shop & Apparel Short description:

*Make checks payable to NYSHC

Mail paper applications with check to:

NYSHC Membership/SB

PO Box 236

Marlboro NY 12542

Taking Care of Our Older Horses

Many horses and ponies can live into their 20s or 30s with good health care. Senior horses provide trustworthy mounts for new riders, children and riders with special needs. And they are great companions for other horses and their owners.

As horses age, their health needs change. So change your care to meet your senior horse's developing needs.

- Schedule routine dental and physical exams with your veterinarian to detect problems early.
 - Make sure your saddle fits properly as your senior horse's topline changes.
 - Feed your horse a high quality diet that meets all their nutrient needs.
 - Watch for early signs of cancer or Cushing's syndrome for best treatment outcomes.
- Keep senior horses up-to-date on vaccines and deworming to prevent infection.
 - Managing weight, keeping horses in light work, and stretching are all good ways to help manage arthritis.
 - Horses with very poor teeth are sometimes unable to properly digest the fiber contained in hay cubes or chopped hay, simply because they cannot adequately chew the ingested material. Mushy feeds such as soaked hay pellets or beet pulp can be used in these situations

Daily light exercise or turn-out as well as longer warm-up and cool down will also help maintain the horse's usefulness. Some horses may need specific joint therapy if they are lame.

Happenings at Houghton University

Ten eager, enthusiastic riders and their horses enjoyed private lessons in Houghton University's geothermal climate controlled indoor arena in a fundraiser benefit clinic for Pregnancy Resource Centers of the Valleys. PRCV, Inc. provides free ultrasounds, free classes in baby care, parenting, budgeting, and more. Each set of classes completed provides credits that can be "spent" in the "Baby Boutique" to acquire baby clothes and furniture, diapers, etc. at no cost.

Houghton University generously donated the use of the arena for the day and Jo-Anne Young (Certified Horsemanship Association Master Instructor, M.A. in Equestrian /Education from Salem International University) donated her teaching.

In addition to the funds generated by the \$50 donation for a lesson, several enthusiastic horse people sent in donation checks to support the success of the event.

All the food in the concession stand was available in exchange for any size donation. Breakfast quiche, mini blueberry and chocolate chip muffins, chili, cinnamon rolls, lamb stew, fresh fruit (mandarins and red and green seedless grapes, and oatmeal raisin cookies tickled the taste buds and satisfied the hunger of those present.

A big thank you to all who supported by coming or by mailing in donations.

Submitted by Joanne Young

Animal Care Proxy

Hello everyone! With warmer weather and longer days ahead, many of us begin to think about going on vacation or taking time away. We plan on the places we'll go, what we'll wear, eat, sight see, etc. One of the things that tend to be overlooked is getting help in place for our four legged companions that are staying at home. Some of us have people we can call or friends that will help out. Maybe you've already contacted a professional boarding facility or pet sitter. These options are excellent. What I want to talk about is making sure that the people who you trust to take care of your animals have all the information they may need while you're away.

- Is all your information up to date?
This is especially important if your pet is microchipped. Did you actually get the microchip number registered? Is the phone number and address current?
Pet ID tag placed on collar and has the current owner information
- Who needs to know you're going to be away?
Other than the people directly caring for your pets, your family and your veterinary clinic should also be informed.
The veterinary clinic should know the name of the people caring for your pets, the time you will be gone and also have emergency contact information.
- What are your wishes if something happens to one of your pets and you CANNOT be reached?
This can be critically important and needs to be discussed with the caretaker, family and veterinary clinic.

In the event of an emergency, who will be the one to make decisions on your behalf? Would this decision include euthanasia? Surgery? Transfer to another clinic? Do you have a dollar amount per animal that is authorized and do you have a card on file at the clinic or did you give one to a family member?

- Feeding / medication instructions should be easy to interpret and easy to find. Have everything in one place if possible. I use a dry erase board on the refrigerator and in my feed room in the barn.

This is just a general guide of course. My years as a LVT working for a large emergency clinic brought to light all the different scenarios that can happen when owners go away. Many people who were caring for the pets in these situations were not prepared to make decisions or make payment on the owners behalf. My equine vet asked me to care for her animals last year while they went away. Many of the things I asked her about she had not thought of and by the time we got all the various questions worked out I had clear instructions on her wishes for each pet I was caring for. We both felt better and she used that same template this year as well for the new person who watched her animals. If you are planning an adventure this year and would like to reach out to me about your individual situation, please feel free. My number is 716-310-7577.

Submitted by: Rachel Levin, LVT Owner: Running Free Animal Transport

TRAINING

30 DAYS IS NOT ENOUGH! 60 DAYS IS NOT ENOUGH! A well rounded, well trained horse takes years to develop and they are worth the investment. Good training isn't quick. Good trainers aren't cheap. When you take an un-started horse to a trainer, 30 days is not enough. The bare minimum should be 90 days. Longer is better. Yes, it costs money. Horses cost money and there is no way around it. Make sure you choose a trainer who is honest about this and isn't just trying to keep your horse longer for the money. Sit in on sessions once your horse is in training and ask questions. 30 days is not enough for the majority of horse owners to step in and continue with the success of the horse. You're setting the horse up for failure. If you've taken the horse out of training too soon, not only will it affect the horse but you're also setting blame for the "bad trainer" that didn't get your horse broke and kid safe in 30 days.

In most cases, what your horse and trainer can do together after 30, 60 and 90 days are not what you

and your horse can do together. This means you need to be engaged in the process with your horse, in lessons and seeking to learn yourself if you want to recreate the education your horse is receiving. The expectation of a 90 day horse is that they now have a solid foundation of the BASICS. What those basics are will vary from horse to horse, age and trainer, but understand that you do not have a finished horse by any stretch of the imagination... and you don't usually have a beginner safe horse. Having the expectation that this is possible, is unfair to the horse. Remember, your horse won't necessarily retain ALL of what they have learned when they go back home unless you continue to work with your horse consistently and with a similar set of skills. Set realistic goals and put the time in that your horse needs and deserves, it's worth the investment.

Ways To Get Your Riding Confidence Back After Falling Off Your Horse

- **TIME**-Take the time to heal both physically and mentally and give yourself the space to recover from the fall. Allow yourself the time to reflect on the incident when you feel you are ready and try to identify the reasons for the accident occurring. Take things slowly and progress step by step.
- **COACHING**-Regaining your confidence back after a fall can often be a tricky process on your own. Sometimes some outside help is required. Booking you and your horse in for a lesson with an equestrian coach who you trust can really help with building your confidence back up again.
- **BREATHE**- It may seem strange to suggest practicing breathing, but many of us tend to stop breathing properly when we ride our horses. Nervousness and confidence issues often play a huge part in the way we are breathing when riding. Practising breathing techniques will help you relax and stay focussed whilst riding your horse.
- **CONFIDENCE AND MINDSET**-A fall from your horse can chip away at a positive mindset. It can take a considerable amount of time to build and maintain confidence in yourself and your horse. Working with an Equestrian Mindset / Confidence Coach can really help you to work through the psychological after-effects of an accident.

Chautauqua County Trail Riders
3560 Gerry-Levant Rd., Falconer, N.Y. 14733

May 19: Equine Trail Sports Obstacle Course (fields, arena and trails)
Jodi-907-602-3607 or Anne-716-287-4474. www.equinetrailsports.com

June 16, July 14, Aug. 10* Family Fun Show Series*: signup at 8am.
(a family oriented game show series with paybacks and year end awards)

June 22-23: Horse Playground Obstacle and Roping Clinic
CCTRs grounds, 3560 Gerry-Levant Rd, Falconer, N.Y. 14733
(camping, Open Obstacles, Roping, Obstacles after dark in the arena)
contact: Kim Kleckner-716-581-3240 or Debbie or Randy VanOrd- 814-873-2558

June 30: C.C.T.R. Judged Trail Ride
(obstacles in fields, an arena and along a trail with ribbons and prizes)
contact: Kaleena-716-708-9202 or Anne-716-287-4474

July 20:Equine Trail Sports Obstacle Course
(fields, arena and trails) www.equinetrailsports.com
contact: Jodi-907-602-3607 or Anne-716-287-4474

Aug.16-18: C.C.T.R. BIG WEEKEND
3560 Gerry-Levant Rd., Falconer, N.Y. 14733
(Trail Riding, camping, food, Music and FUN)

Check out our Chautauqua County Trail Riders FB group page for updates.

Other Upcoming Events

April 6-7 **Ranch Horse Clinic** at MK Quarter Horse 4430 Chestnut Rd, Wilson, NY 14172

April 11 – 14 **Spring Fling QH Show** The Showplex at the Fairgrounds Hamburg, NY

May 17 – 19 **Spring Fling QH Show** The Showplex at the Fairgrounds Hamburg, NY

May 18, 12:00 PM – May 19, 1:30 PM **2024 Horse Show Series** 230 Exchange St, Attica, NY

June 23 – **AHTC Summer Sizzler Show Amy Hanssen Training Center**, Middleport, NY

July 13 **Schooling Dressage Show** Chestnut Ridge, 7913 Chestnut Ridge Road, Gasport, NY 14067

August 15, & 17 **English Day** Erie County Fair Open Show - Hamburg NY

August 16 & 18 **Western Day** Erie County Fair Open Show - Hamburg NY

September 12th-15th **Buffalo International Horse Show!** 950 Amherst Street, in Buffalo, NY.

September 14, **Saddle up for Roswell** : Chestnut Ridge, 7913 Chestnut Ridge Road, Gasport, NY 14067.

October 26 **Halloween Happens @ Chestnut Ridge Dressage Show** 7913 Chestnut Ridge Road, Gasport, NY

2024 Niagara County Horse Shows At the Niagara County Fairgrounds – Lockport, NY

For 4-H information -Karen Randall 439-1865 (randallkaren254@gmail.com) or Cheryl Bish - 439-4499

(CKRFarms@aol.com) - Miniature Horse Show contact: Terri Seidel 772-2390 at tlseidel@aol.com

May 5 (Sun) - Schooling Show: English/Western/Games 8 AM

May 11 (Sat.) - Miniature Horse Fun Show: contact Terri Seidel

May 18/19 (Sat/Sun) - Open Horse Show: English 8 AM Sat. Western 9 AM Sunday

June 1 & 2 (Sat/Sun) - Niagara Co. AMHR & Shetland Show with 4-H classes

June 15/16 (Sat/Sun) - Open Horse Show: English 8 AM Sat . Western 9 AM Sunday

July 20/21 (Sat/Sun) - Open Horse Show English 8 AM Sat . Western 9 AM Sunday

July 31 (Wed) - Open Miniature Horse Show (at Fair)

Aug. 1 (Thurs) - Open Miniature Horse Driving Show (at Fair)

Aug. 3 (Sat) - Open Barrel Show: NOT before 3 PM (at Fair)

Aug. 4 (Sun) - Open English Western Show 7:30 AM start (at Fair)

Don't Miss Equifest 2024 March 16-17- 2024
The Breed Parade will be in the Showplex Demo Ring each day at noon.



Equine nutritionist "Feeding Forages First,"



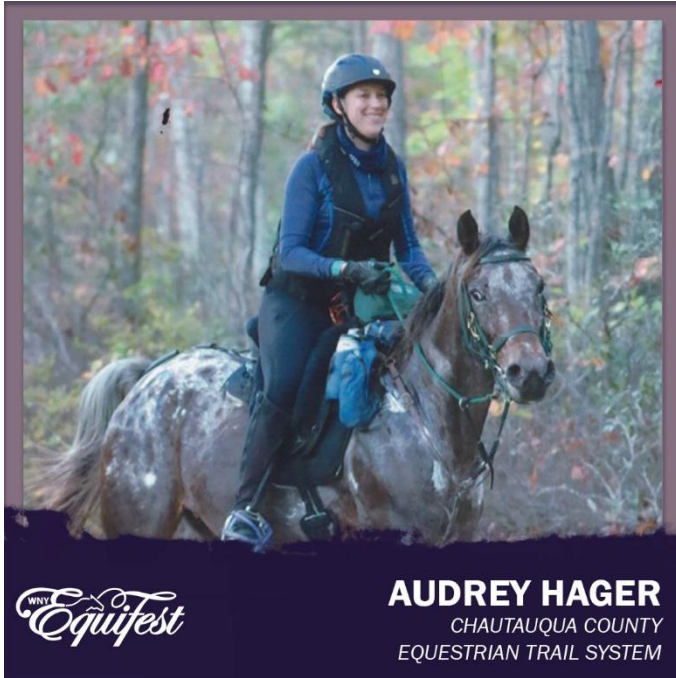
"Trick Riding and Specialty Acts.



Come see Caroline's presentation on
"Protect Your Investment"



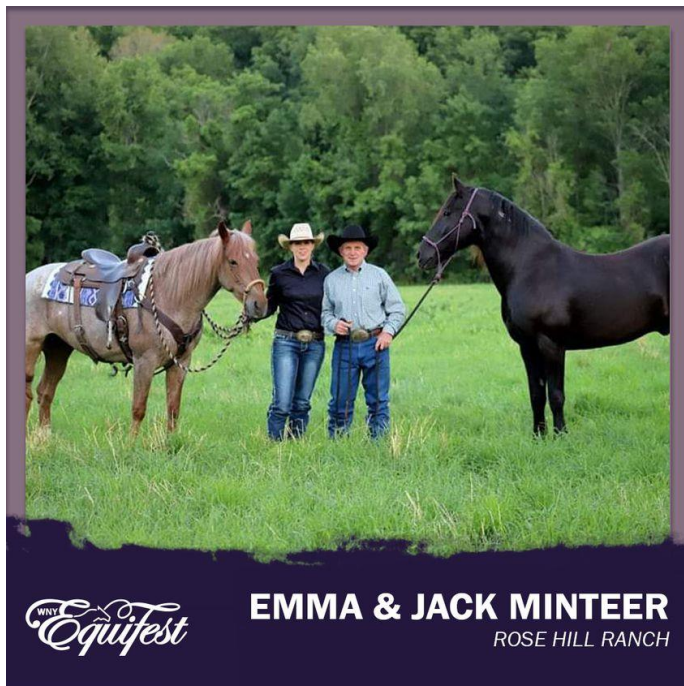
"Equine Trail Sports - Ride for Fun, Ride to
Learn."



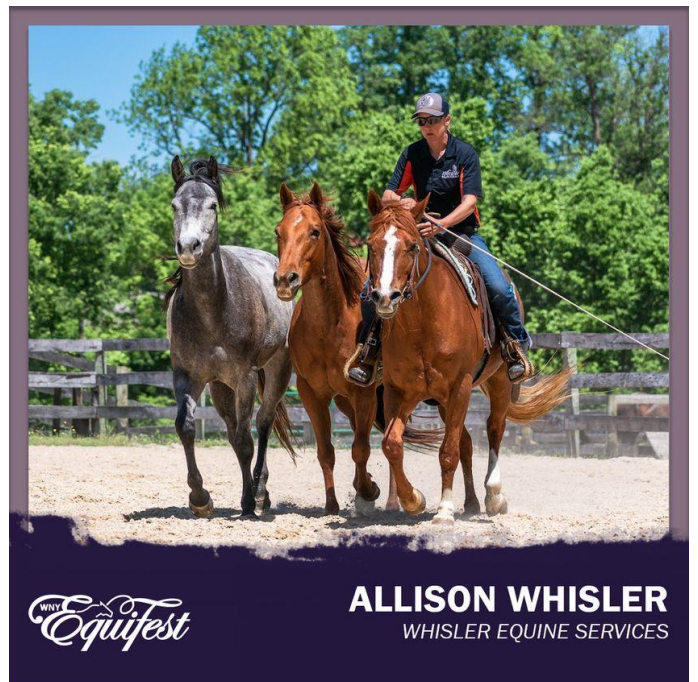
**Chautauqua County Equestrian Trails
Trail Protection, improvement and expansion!**



**Accessing and Utilizing Your Horses hindquarters
From the Ground Up**

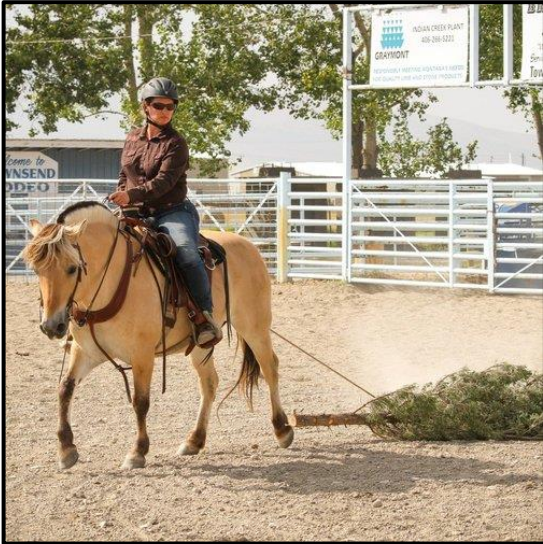


"Working with a Buddy Sour Horse."



**'Team Work – Working Horses as a Team at
Liberty'**

Ranch Horse Clinic April 6-7 2024



It's Not Too Late To Sign Up-

**Sponsored by the Western Chapter of the NY State Horse Council
To Raise Money for the MK Rodeo Girls
Date of Clinic -April 6-7 2024**

- **Clinician: Mike Bednarek of Bednarek Quarter Horses.** Mike specializes in Reining, Ranch horse riding and ranch horse trail as well as Working Cow horses. Mike attended Canisius College and holds an Associate's Degree in Veterinary Technology from Medaille College in Buffalo, NY. Mike is an AQHA, PHBA, IBHA, NRCHA and NSBA Judge. Mike has been involved with the equine industry for more than 40 years training, showing, and breeding horses, as well as teaching at Morrisville State College and Cazenovia College.
- **Location/time** 9am each day. _The two-day clinic will be held at MK Quarter Horse 4430 Chestnut Rd, Wilson, NY 14172
- **Cost** for Riders (includes both days) \$500 for NYS Horse Council Members-\$600 for non-members. (Limited space available)
- Auditors welcome \$25/day or \$40 for both days. Youth under 19 may audit without cost.
- Stabling available-paid directly to MK
- Sunday will end with a judged class.

For more information contact Barb Cunningham, Western Chapter NYSHC Director – (E-mail Barbcunningham11@gmail.com or cell phone 716-225-.1014



UNDERSTANDING HORSE SUPPLEMENTS

Have you tried horse supplements that you weren't satisfied with? Most supplements are based on the premise that the horses' basic diet is already balanced. You can find products that pick 2 or 3 nutritional items with the specific nutritional claims attached to them. This is why you need to understand the basic nutritional needs of your horse and make sure they are satisfied. All horses require protein, fiber, energy, vitamins, minerals and a supply of clean fresh water.

As hay is the main component of a horses' diet, we need to understand the basic varieties and nutritional value of it. Hay comes in all varieties: grass, legume, mixed, early cut, late cut, rain free, or rained on. Hay contains some of the needed nutrients but not all. Because of all the possible variations no two hays are exactly the same. Protein, energy, and fiber will vary widely and minerals will vary because of plant genetics and fertilization. This is why you should always have your hay tested and know the nutritional value of what is in your main feedstuff.

Grain is the second common ingredient of a horses' diet. The grain industry has hundreds of products offering the comfort of having everything in them. However, in order to reach the nutritional requirements of the horse several pounds of grain have to be fed per day. Most horse owners do not feed the recommended amount of grain. This leads to unplanned shortages causing some of our nutritional problems.

Do our horses really require all those pounds of grain? Well, that depends on the quality of your hay. If you have high quality hay you may only need vitamins, minerals, and salt. Medium quality hay might only require a couple of pounds of grain and then you would be short of the vitamins, minerals, and salt. Fair quality hay would be hard to tell with

all the variations. When in doubt hay should be tested.

So, what can we do? The first supplement you should consider is a vitamin/mineral supplement with all 14 vitamins and 14 minerals. Free choice salt should always be available in a loose form. Horses require 1-2 ounces of salt per day. This should balance the basic diet.

Supplements designed for specific purposes have limited ingredients.

Some examples are:

- Fat products to maintain weight. The omega 3 should be 2 times the omega 6 level.
- Hoof products should contain all the nutrients for good growth. These nutrients are in addition to the basic diet.
- Joint products should have ingredients reduce pain and inflammation, help restore joint lubrication, and reduce arthritic pain.
- Electrolytes to restore vital nutrients lost from hard work and sweating.

These are examples of the most popular supplements in the marketplace but there are many more special purpose products for insulin resistance, added antioxidants, digestive aids, ulcers, and more.

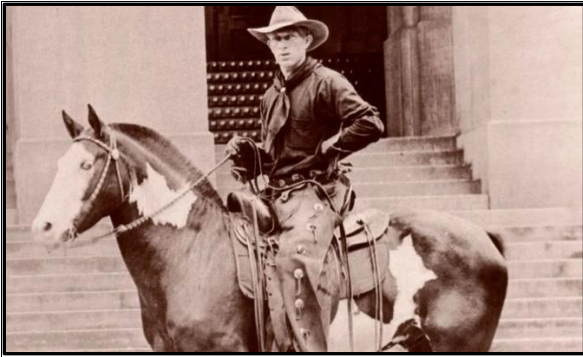
The take home message is; Balance the diet first and you will probably avoid many of these problems.

This article was written by Jim Miller President of Green Mountain Nutritional Services, Inc. in Attica, New York. He can be reached at 585-591-0922 or greenmountain@stridefree.com. Green Mountain manufactures equine supplements and performs ration balancing.

Jim Miller

The Forgotten Story of The Horse That Conquered A 20,000 Mile Trek

In a story that has been lost to history, a group of horseback riders embarked on a 20,000-mile trip across the United States in 1912, searching for fame and money. A horse named Pinto would turn this “ride of the century” into a reality.



George Beck, a part-time Washington logger, and his three closest companions decided to embark on this huge trek after Beck convinced the others that there was more money to be earned in the saddle than at the jobs they possessed at the time. Taking the group name of Overland Westerners, the foursome began their adventure... but it did not go as planned.

“With five horses and a 60-pound, one-year old Gordon Setter and Newfoundland named Nip, the enthusiastic quartet began their journey on May 1, 1912 from Shelton. Their first stop was Olympia, Washington 18 miles away where Governor Marion E. Hay awaited. For the next three years averaging 22 miles a day, these travelers would stop at each of the 48 state capitals in the United States, rendezvous with the state’s governor or his surrogate, and endure numerous disappointments and hardships including hunger, theft, weather extremes, and rugged trails. Moreover, financial woes came when The Westerner folded before the trip was half completed leaving them bereft of corporate sponsorship.” – Chuck Rand.

Despite all of the hardships that the Overland Westerners went through, they pushed on and had some incredible triumphs.

In June 1912, George Beck was invited to be in a 101 Wild West Show. The horse that he rode in this show was Pinto, a six-year-old Morgan Arabian that was originally used as the group packhorse. While this horse was not considered to be crucial at the start of the journey, Pinto was never sold or traded like many of the other horses were that had embarked on the 48-state journey.

It was noted that Pinto never seemed to lose his spark during the journey, even when he had a close brush with death when he flipped over in a stream while carrying a pack. Luckily, Pinto was rescued and did not receive any injuries.

The group finished their journey after they arrived in Sacramento, California, on May 24, 1915. The Overland Westerners spent three years traveling, 1,127 days in the saddle, and had gone through 17 horses, some of which did not survive the journey. Due to other world events occurring during this time, the fame that the Overland Westerners had gained was short lived. Each member of the disheartened group, besides George, sold their horses and tack and took a train home.

George tried unsuccessfully to sell the story of his epic journey, but soon realized that the citizens of America has focused their sights elsewhere. He decided to make the trip back to Puget Sound, with Pinto, on a tramp steamer and resume another low paying job.

George and Pinto stayed united until George’s death. After his owner passed away, Pinto went on one last packing excursion, making his way through the Olympic National Forest on yet another adventure.

Taken from an article on Face Book

Western Chapter Business Membership's Free Listing

NAME	WHAT THEY DO	CONTACT	PHONE
American Heritage Morgan Farm	Board, Breed, Train,	Donna Fox (585) 735-5322	(585) 735-5322
Amy Hanssen Training Center Inc	Board, Train Lessons and Show	Amy Hanssen (716) 735-7988	(716) 735-7988
Aurora Trail Riders Inc	Trail Riding club	Alexis Dickerson 716-655-9929	(716).655.9929
Bemer Team Manager	low-frequency PEMF signal to your horse's body facilitates electrical activity within the muscles and cells. This process enhances local circulation, boosting muscular performance and recovery.	Garth Orbino (315)569-2642	(315)569-2642
Equine Essence	Intuitive Equine Connection	Nancy Proulx (716) 481-9812	(716) 481-9812
Green Mountain Nutritional Services,	Equine Supplements, Hay Testing	Jim Miller 716.523.0018	(716).523.0018
Ike Fencing	Fencing, Brush Hogging, Land Clearing	Kim Dauria (716) 821-8191	(704) 258.1193
J&K Agriculture Inc	Professional Fence Installation	Joellen Stender (716) 337-3548	716-337-3548
JTB Equine Care Solutions	Riding Instruction & Training	Jennifer Berard (716) 512-2602	716-512-2602
Kinship With Horses, LLC	Private Coaching, Lessons, Clinis	Gail Pearles (716)-982-5180	(716) 982-5180
Laurelin Farm	Lessons, Training, Boarding	Caroline North (716)-532-9434	716-532-9434
Lollypop Farm, r	Humane Society of Greater Rocheste	Lauren Guerrero (585) 223-1330	(585) 223-1330 x193
Lorick Stables Inc	Breeding, Training & Showing Friesians	Rick Butts (716) 745-3611	(716) 745-3611
Massage & More Equine Therapy,	Equine Therapeutic Body Therapies	Terry Crisafulli 716.474.6786	716.474.6786
MK Quarter Horses	Boarding, Lessons, Sales, Training	Melissa Kosser 570-204-5281	579-204-5281
Nash Hill Equestrian Center the New Nash	Home Of Allegany Mountain Saddlery. Boarding, Lessons and Training	Staci Saulter (716) 257-9543	(716) 257-9543
Royalton Equine Veterinary Services	Veterinary Services	Jeanne Best (716) 629-8384	716-629-8384
Sand Meadow Farm	Icelandic horses, sales, boarding, Lessons	Andrea & Steven Barber (585) 624-4468	(585) 624-4468
SASI / High Hurdles	Therapeutic Riding	(716) 496-5551	
Wolcott Farm 4 Seasons of Fun	Lessons, Leasing, Sales, Trail Rides	Bryttany Ward (585) 786-3504	585-786-3504

If you do not see your business listed here, are you sure you joined as a business in 2024

Barb Cunningham
3021 Johnson Creek Rd
Middleport NY 14105

**Przewalski's horses are the
only truly wild horses left in the world are located in Mongolia**

